BE KIND

WAYS TO AVOID BEING A CYBERBULLY

DO WHAT'S RIGHT ONLINE

- ☑ **THINK** before you post
- ☑ **RESPECT** others
- ☑ **STAND UP** for what's right

✓ **CHECK Please!**
Be Safe. Be Smart. Be Kind.

Safer Internet Day 2018

MEDIA LITERACY COUNCIL

SG:D EMPOWERING POSSIBILITIES

IIM INFOCOMM MEDIA DEVELOPMENT AUTHORITY

Before we react,
CHECK PLEASE!

Here's our checklist of 6 tips for a better internet.

01 THINK BEFORE YOU ACT

Put yourself in the other person's shoes. Consider the consequences of your actions before posting anything negative.

02 RESPECT OTHERS

Everyone is different. No one should be judged for their differences.

03 DISTINGUISH BETWEEN RIGHT AND WRONG

Differentiate right from wrong. Never give in to social pressure to bully someone else.

04 CONFIDE IN AN ADULT YOU TRUST

Seek advice from a trusted adult instead of turning to cyberbullying.

05 FIND DISTRACTIONS

Find something else to do if you feel tempted to be mean to someone. Play a game, watch TV, call a friend, or even take a nap to clear your head.

06 BE RESPONSIBLE FOR YOUR ACTIONS

Reach out and apologise to someone whom you have bullied in the past.