







Before we react, CHECK PLEASE!

Here's our checklist of 4 tips for a better internet.

01

START A CONVERSATION

Give them a chance to explain their actions. They may have been bullied themselves or pressured into bullying.

02

COUNSEL THEM

Explain the severity of their actions. Ask them how they would feel if someone did these things to them or their loved ones.

03

ENCOURAGE THEM TO APOLOGISE

Make it clear that they will have to stop bullying immediately. Hold them accountable for their actions. Encourage them to remove the hurtful content.

04

MONITOR THEIR ONLINE ACTIVITIES

Monitor and limit their online use if necessary. Make them demonstrate their responsibility before giving them new privileges.

