

STAYING SAFE ON INSTAGRAM

Have you ever wondered how to create a safer online space for you and/or your child?

Check out this guide on Instagram's safety tools to learn how you can protect yourself and/or your child from online harms.



Only use Instagram if you are over 13 years of age. People aged below 16 will have a private account by default. Learn more about Instagram's Privacy Tools <u>here</u>.

Report

Why are you reporting this post?

False information

l just don't like it

Scam or fraud

Bullying or harassment

nce or dangerous organizatior

ellectual property violation

Instagram

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See a

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< Privacy	
Account Privacy	
Private Account	\bigcirc
Interactions	
Q Comments	Everyone >
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a Mentions	Everyone >
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Guides	
Activity Status	
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Connections	
Restricted Accounts	
Blocked Accounts	
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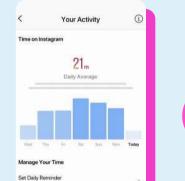
Managing your Privacy Settings

Report content that goes against Instagram's <u>Community Guidelines</u> and check your <u>report's status</u> in the Instagram app.

Learn how to make a report here.

Visit <u>StopNCII.org</u> for help if you suspect someone intends to share your intimate images on Instagram. If you are a minor (e.g. below 18), visit <u>Take It Down</u> for help.

Instagram helps you manage your screen time, set a daily reminder on your time limit and mute notifications. Find out more <u>here</u>.



Managing your time

Notification Settings

Use Parental Supervision Tools

DIGITAL F**O**R LIFE

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Reporting

content

PLAY IT FORWARD



Followers and followin	g	
72 Followers 140 Fol	140 Following	
Q. Search		
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e.manny.well.52	>	
Princess_peace Kimi Muraito	>	
sunflower_power77	>	
lashes_by_lee63	>	
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ake_baker_cj	5	

Learn more about Instagram's parental supervision tools which provide parents and guardians with insights on how their teens are using Instagram.

There is a range of tools that can help you control your experience on Instagram including <u>Message Controls</u>, <u>Hidden Words</u>, <u>Comment Controls</u>, <u>Blocking</u>, Restrict Mode, <u>Limits</u> and more. Learn more about these tools in the <u>Instagram's Help Center</u>.

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	Block Santi Abar (super_santi_73)?	
	Your Instagram account paisley print.48 won't receive messages or video chats from super_sanit_73. They won't be able to see your story or posts. They won't be notified that you blocked them.	14 14 14
	Block	
	Cancel	ak.
3	princess_peace	ock

Safety Tools

Check out more resources



- Instagram Safety Center
- Instagram Parents Guide
 (in partnership with the Media
 Literacy Council)
- Instagram Anti Bullying Hub
- <u>Tips for Staying Safe on Instagram</u>
- <u>Tips for Managing Privacy on Instagram</u>

*Information accurate as of Feb 2024. Please visit the <u>Safety Center</u> for latest updates

Discover more ways to care for your digital wellness at www.digitalforlife.gov.sg

