**DIGITAL FOR LIFE**
PLAY IT FORWARD

Stranger Danger:
Protect Your Child From
Online Grooming

Put your child's safety first by learning the signs of online grooming and taking steps to protect them.

What is Online Grooming?

Online grooming is the act of building up a trusting and emotional relationship with a victim below 18 years old, usually with the purpose of sexual exploitation, gratification or abuse, through online platforms.
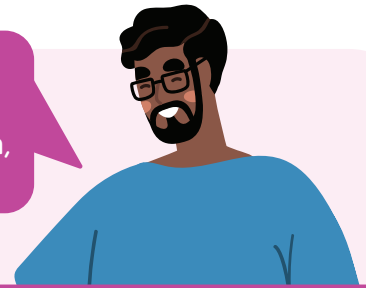
Signs That Your Child Might be a Victim of Online Grooming

- Using sexual language that you do not expect them to know

- Spending more time online or being secretive about their device use and online activities

- Showing unusual behaviours such as being secretive in their social activities, prolonged absences from home or receiving gifts they cannot afford or account for

- Displaying atypical behavioural traits such as withdrawal, anxiety, depression, aggression or clinginess

5G ◢ ▮ 100%

🔍 **What to Do if You Suspect Your Child Is Being Groomed Online?**

Stay Calm and Talk

Stay calm and have a non-judgmental conversation about it.
Assure your child of your support and that you are not there to judge or punish them.

Assess the Interaction

Request to view the conversation threads of the interaction. If you have reasons to believe that your child has been groomed or exploited online, collect screenshots of the concerning online interactions.

Make a Police Report

Sexual grooming (including exploitative sexual grooming) of a child or young person is an offence under Singapore law. Report to the police immediately with the collected evidence.
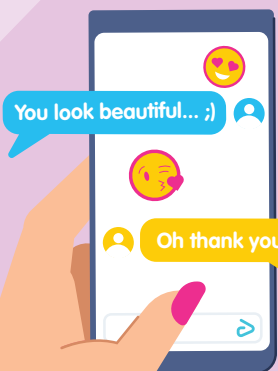
If you think your child needs help, contact:

TOUCH Community Services
TOUCHline: 1800 377 2252
(Mon – Fri, 9am – 6pm)
hello@help123.sg

SHECARES @ SCWO
Hotline: 8001 01 4616
(Mon – Fri, 9am – 9pm)
Shecares_scwo@she.org.sg

How Can I Protect my Child from Sexual Grooming?

The best way to deal with online grooming is to prevent it from happening.

Ensure that your child's personal information is not shared online.

Keep a close watch on your child's online usage and activities.

Guide your child to avoid talking to strangers online. Teach them to seek your permission if they wish to meet up with an online stranger physically.

Educate your child about relationships and sex with these tips:
Tip One Tip Two Tip Three from HealthHub.

Most importantly, maintain a trusting relationship with your child so they feel comfortable confiding in you.

You look beautiful... ;)

Oh thank you...

Prioritise your child's safety and protect them from online predators. Stay informed and build a trusting relationship with your child to create a safer online experience for them.

Visit **www.digitalforlife.gov.sg** for more tips on parenting in the digital age.