

A Guide to Handling Sexting Incidents



Protect your child's well-being and learn to navigate distressing situations where your child's sexts are shared without consent.

Managing Sexting Incidents the Right Way

Discovering that someone is sharing or threatening to share your child's sext can be distressing. Stay calm and learn steps to protect your child's well-being.



What if Someone is Sharing/Threatening to Share My Child's Sexts?

Keep Calm and Support Your Child

You may feel angry towards the perpetrator or blame your child, but remember, your child didn't consent to the material being shared. Stay calm and support your child through this distressing situation.



Save the Evidence and Report

Take screenshots of the evidence and report the material on the platform, where available.



Under Singapore's **Code of Practice for Online Safety**, effective 18 July 2023, you can report harmful content on major social media services such as **Facebook, Instagram, TikTok, X, YouTube, and Hardwarezone**. Social media services are required to promptly inform end-users about the decision or action taken.

Work with the Authorities

If the incident involved another student at your child's school, contact the school immediately.

Report the matter to the Police or consult a lawyer if the shared content contains intimate images or was shared with the intent to cause harassment, alarm or distress to any person.



Seek Professional Help

If you think your child needs help, contact:

TOUCH Community Services

TOUCHline:
1800 377 2252
(Mon - Fri, 9am - 6pm)

hello@help123.sg

SHECARES @ SCWO

Hotline:
8001 01 4616
(Mon - Fri, 9am - 9pm)

Shecares_scwo@she.org.sg

Samaritans of Singapore

Hotline:
1767 (24 hours)

CareText:
9151 1767 (24 hours)

What if My Child is Sharing Sexts of Other Persons/Threatening to Send Sexts of Other Persons?

Sharing someone else's sexts is never okay. Guide your child to make the right choices.



Stay Calm, Discuss Respect and Consent

Stay calm and assess the impact of the incident. Stress that sharing someone else's sexts is never appropriate, as it can harm the other person's reputation and well-being. Encourage your child to reflect on their behaviour and offer an apology to the individual affected.

Delete the Content

Advise your child to immediately remove any content they have shared online, as well as from their device and cloud storage. Urge your child to ask individuals they shared the content with to delete it and avoid sharing it further. Report any duplicated content to the platform and request its removal.

If the school or the police are involved, be sure to work with them.

Take proactive steps to educate them about the importance of consent and respect in online interactions and empower your child to make responsible choices online.

Visit www.digitalforlife.gov.sg for more tips on parenting in the digital age.

